

Granada Gazette in House

Volume 23 Issue 6 June 2012



Salad Bars

by Kevin McGlynn



It starts in the morning about 9 a.m., after breakfast, in the kitchen at the chopping table. Garden fresh vegetables are stacked up then peeled, sliced, diced, segmented, shredded, iced and presented with condiments in a variety salad bar for lunch. O, yes and again about 3 p.m., after lunch, the peeling, slicing, dicing, segmenting, shredding, icing and presenting yet another salad bar for dinner. Does anyone remember all that work? Below are two fresh salad bars *of the day* and a list of ingredients. Healthy California eating at the Granada, everyday.

The Granada
1000 Sutter Street
San Francisco, Ca.
94109

Telephone:
415.673.2511

Fax:
415.771.4305

E-mail:
GranadaHotel
@mindspring.com

Web site:
www.granadasf.com



Salad Dressings include:

Vinegrette

Ranch

Russian

and

Crispy Noodles

Upper salad bar includes in order:

Iceberg/Romaine/Spring Mix Lettuce with Red Cabbage, Garbanzo Beans, Celery, Baby Corn, Mushrooms Beets, 3 Bean, Bean Sprouts, Tomatoes, Jalapeno Peppers, Carrots, Broccoli, Cucumbers.

Lower salad bar includes in order:

Iceberg/Romaine with Red Cabbage and Tomato, Red Beans, Baby Corn, Bean Sprouts, Zucchini, Beets, Mushrooms, 3 Bean, Squash, Olives, Garbanzo Beans, Broccoli, Carrots, Green Peppers, Red Peppers, Celery.



Kevin B. McGlynn, editor



A Granada Welcome to

Stephen Culbertson
 Billy Joe Williams
 Alexandra Shearer
 Ken Finch
 Hideko Uehara
 Yukimitsu Uehara
 Rodolfo Del-Rosario
 Jason Gibson

I had a dream...

I lived deep in the heart of San Francisco.
 I had a maid
 I had as houseman
 I had a handyman
 I had a cook
 I had a waiter
 I had a busperson
 I had a dish washer
 I had a bartender
 I had an exercise coach
 I had an activities director
 I had 'round the clock security

Then I awoke and found I had it all at
The Granada.

Benefit of Recycling

Recycling is an important way for individuals and businesses to reduce the waste they generate and reduce the negative impact of that waste.

Please pitch in. In the trash room see

1. In the BLUE bucket put your RECYCLED trash.
2. In the SILVER cans put your LANDFILL trash. See drawing to figure which is which.

Thanks

ZERO WASTE BY 2020
 REDUCE • REUSE • RECYCLE • REBUY



LANDFILL

AVOID THESE PRODUCTS SINCE THEY GET BURIED AT THE UC DAVIS LANDFILL. (YES, WE HAVE ONE OF THOSE!).
 BY 2020, LET'S USE OUR LAND FOR SOMETHING BETTER!



TAKE BAGS BACK TO THE STORE FOR RECYCLING.



STYROFOAM • PLASTIC BAGS/WRAPPERS • NON-RECYCLABLE PLASTICS

UC DAVIS
 ENVIRONMENTAL STEWARDSHIP
 AND SUSTAINABILITY

530-752-7456
 SUSTAINABILITY.UCDAVIS.EDU
 RECYCLING@UCDAVIS.EDU

June Birthdays

RESIDENTS

- 1 Morgan Argall
- 1 Sue Pickford
- 2 Robert Low
- 4 Richard Farrell
- 5 Rudi James
- 6 Robert Berryman
- 10 Randall Coolidge
- 15 Mary Lotspeich
- 17 Delores Fletcher
- 21 Victor Viebig
- 24 Gary Cassidy
- 24 Linda West
- 25 John Jackson
- 26 Donna Baur
- 27 Bill Schultheis
- 28 Richard Lounsbury
- 30 Kevin Campbell
- 30 Kwong Lee

EMPLOYEES

- 1 Cody Slack
- 3 Greg Moore
- 3 Casey Wright
- 8 Bill Heylin
- 8 James Blaine Sweet
- 12 Gonzalo Gomez
- 30 Charles Weaver



June 17th is Father's Day. A Happy Father's Day to you all. Men can expect a carnation flower and a steak dinner to say "thanks Dad." June 21st also begins our summer, get ready for the fog. Granada Memorial Day Picnic was May 28th; hope you enjoyed your picnic of:

- BBQ Ribs**
- Hot Dogs**
- Chicken Tenders with Cole Slaw**
- Baked Beans**
- Corn on the Cob**
- Cherry Pie ala mode**

We'll have another picnic on July 4th, summer fun. Remember if you want take-away food, order from the front desk but if you are in the dining room, please ask your maitre'd. We have booked tickets to see our World Champions SF Giants, August 15th. Go Giants! April and her beau Brennan visited for Memorial Day, we also met Brennan's parents from St. Louis, nice people. Serious???????? I'm way behind my assistant manager, Gene, in grandchildren. Remember my door is always open, thanks.

Tony Davidauskis, manager

RECYCLE

Paper, Bottles, Cans (no glass)

- Plastic (tubs, bottles and buckets), paper, cans**
- No hazardous product containers**
- No plastic bags or take-out containers**



Recycle at Work
 from Metro and your local governments

