A Granada Welcome to

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Popcorn in the Granada

Here in The Granada most every Wednesday and Friday at 6 pm you can start smelling the aroma of freshly made popcorn that goes along with your feature film shown on our big screen digital TV. Salt or no? But what is this snack? I did a little research and found out that popcorn was first discovered thousands of years ago by the Native Americans. Some tribes believed that the popping noise was that of an angry god who escaped the kernel. During the Great Depression, popcorn was comparatively cheap at 5-10 cents a bag and became popular. Thus, while other businesses failed the popcorn business thrived and became a source of income for some struggling farmers. During World War II, sugar rations diminished candy production causing Americans to eat three times more popcorn than they had before.

Each kernel of popcorn contains a certain amount of moisture and oil. Unlike most other grains, the outer hull of the popcorn kernel is both strong and impervious to moisture, and the starch inside consists almost entirely of a hard, dense type. As the oil and the water are heated past the boiling point, they turn the moisture in the kernel into a superheated pressurized steam, contained within the moisture-proof hull. Under these conditions, the starch inside the kernel gelatinizes, softening and becoming pliable. The pressure continues to increase until the breaking point of the hull is reached: a pressure of about 135 psi and a temperature of 180 °C . The hull ruptures rapidly, causing a sudden drop in pressure inside the kernel and a corresponding rapid expansion of the steam, which expands the starch and proteins of the endosperm into airy foam. As the foam rapidly cools, the starch and protein polymers set into the familiar crispy puff. So now you know everything about popcorn, enjoy. Ed.

The Readers

Did you ever want a book read to you?
Could you read aloud for 15 minutes?
Join this club and together read (aloud) books.

Granada Library
Tuesdays & Thursdays 7:30 – 9:00 pm

Please, sign up at the front desk

Helen the Granada Hair Stylist

Now taking
appointments

For The Granada
Beauty Salon.

Please call
Helen at
921.8402

Wednesday,
August 12th
Granada Tour Tiburon and Sausalito

Remember last time?

Mystery Tour new location "The Warming Hut"

Erlinda Kapadia, Dan Lovett, Steve Talbert, Spear Latos and Don Nitto with the city of San Francisco just down the bay.

Vivian Tennenbaum outside the "Warming Hut" having a beverage with Dan Lovett close by, so is the Golden Gate bridge.

August Birthdays

RESIDENTS

3	Ken Baldwin
3	Susan Smith Setterholm
7	Ben Williams
9	John Law
12	Frank Hicks
14	James Nickerson
15	Enrique Yam
22	Lawrence-Cobalt Janssen
26	Larry Wong
28	Donna Schuck

EMPLOYEES

3	Naomi Colb
13	Delia Nieves
17	Rick Garcia
20	Sameul Aguilar
21	Gary Vogt

Those San Francisco Giants, third place in the National league West with our new excitement the "Kung Fu Panda," that's the 23 year old Pablo Sandoval's new handle. Go to "www.youtube.com" and type "I left my heart in San Francisco Granada" and listen, sung by the "Granada Bunch," 31,000 people have viewed it so far or you can go to our website under *social activities* in the Granada tour, just click *listen to us*, go ahead you're next. Thanks again for the prayers, cards and well wishes at my mother's memorial mass, I'd like to especially thank Kevin Mc Glynn who arranged the memorial which, I sure you would agree, was beautiful and peace giving. Thumbs up on the "Readers", a new club that promotes book reading/sharing that will meet a couple nights a week in the library, of course. Rental referrals are important to us, so for the month of August every successful referral we receive, a $200 reward is posted. I hope this will cause you to recommend The Granada to your friends and colleagues because the payoff goes both ways. This is one of our best months for weather so enjoy it!

Tony Davidauskis, manager

It was August, 64 years ago at The Granada

Granada circa. 1946

A young sailor on leave writes a letter to his fiance from The Granada on August 14, 1945 VJ-Day.
Note: This envelope with return address (San Francisco 9), the postmark and the air-mail stamp.

The letter reads in part... Honey I'm back again, yes dearest, we were the first ship to go under the Golden Gate ... we leave again the 23rd. He goes on to describe his wounds, "honey you said if anything happen to let you know, well it sure did this time, right arm & face not very bad and most of it is coming out fine, now that the war is over... this trip should take 4 months. Have you found us a place to go when I get back or don't you like that idea?"

Written from one of our rooms, at The Granada, a moment of peace in a brave young man's life. Thanks to his son, Will, who visited The Granada 64 years later, a story found a heart here at 1000 Sutter Street at Hyde in San Francisco.

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Kevin B. McGlynn, editor

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